

# 2025 GROUP SCHEDULE TERM 2

For all enquiries and enrollments email [info@smart-support.org](mailto:info@smart-support.org)



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:AM						
10:AM						
11:AM						
12:PM						
1:PM						
2:PM						
3:PM						
4:PM						
5:PM						
6:PM						
7:PM						
8:PM						

**SOCIAL  
CONNECTIONS**  
2:00 - 4:00 PM  
Lynbrook

**BEYOND  
BOARD**  
1:30 - 3:30 PM  
Lynbrook

**COMMUNITY  
CONNECTIONS**  
10:00 - 12:00 PM  
COMMUNITY

**DUNGEONS &  
DRAGONS**  
1:00 - 4:00 PM  
EUMEMMERRING

# TERM 2 HOLIDAY GROUP SCHEDULE

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:AM						
10:AM				<b>COMMUNITY CONNECTIONS</b> 10:00 - 12:00 PM C O M M U N I T Y		
11:AM						
12:PM						
1:PM						
2:PM	<b>MINDFULNESS DAY!</b> 2:00 - 4:00 PM Lynbrook		<b>BEYOND BOARD</b> 1:30 - 3:30 PM Lynbrook			
3:PM						
4:PM						
5:PM						
6:PM						
7:PM						
8:PM						

# SOCIAL CONNECTIONS!



**JOIN NOW**

**info@smart-support.org**  
**03 5922 4510**

**Monday 1:30pm - 3:30pm**

**Lynbrook, VIC**

**Commencing: Monday 28th of April.**

**Cost: \$2 donation Per Person, per week.**

This group will be facilitated in one building to ensure consistency and support for our participants.

Participants will connect with one another while building on creative and interpersonal skills in a fun and gentle environment.

This is a safe space where everyone can build positive connections and enjoy meaningful interactions with peers.

# BEYOND BOARD

**Wednesday 1.30-3.30pm**

**Lynbrook, VIC**

**Commencing: Wednesday 23rd of April.**

**Cost: \$2 donation Per Person, per week.**

Beyond Board focuses on enhancing problem solving and challenging decision making while socialising and engaging with others in a fun atmosphere.

Each week a new game will be played, with new outcomes and new challenges to face.

Don't miss out on the excitement of this group!

**JOIN NOW**

**[info@smart-support.org](mailto:info@smart-support.org)**

**03 5922 4510**

# COMMUNITY CONNECTIONS!



**JOIN NOW**

**info@smart-support.org**

**03 5922 4510**

**Thursdays 10:00am - 12:00pm**  
***Various Community Locations***  
**Commencing: Thursday 24th of April.**  
**Cost: \$2 donation Per Person, per week.**

Participants will learn to implement social and individual skills to connect with others, whilst completing activities within a supportive environment.





# DUNGEONS & DRAGONS

**Friday 1.00-4.00pm**

**Eumemmerring, VIC**

**Commencing: Friday 2nd of May.**

**Cost: \$2 donation Per Person, per week.**

D&D is a tabletop role-playing game (TTRPG) that promotes imagination, critical thinking, problem solving, confidence skills and social engagement.

the only limits to this game are the imaginations of it's players and the Dungeon Master!

**JOIN NOW**

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**03 5922 4510**





# What is the difference between our **community** and **social connections groups?**

## **COMMUNITY CONNECTIONS**

COMMUNITY CONNECTIONS WILL CONTINUE OFFERING ACTIVITIES IN THE COMMUNITY TO FOSTER CONNECTION, CULTURE, AND ENJOYMENT. THIS GROUP BRINGS A SENSE OF ADVENTURE WHILE HELPING TO BUILD POSITIVE RELATIONSHIPS AMONG MEMBERS. IT'S A GREAT WAY TO EXPERIENCE OUR COMMUNITY WITH WONDERFUL PEOPLE. THIS IS GREAT FOR INDIVIDUALS WHO ARE SEEKING TO ACHIEVE FULFILLMENT OF ENTERING THE COMMUNITY IN A FUN AND SAFE WAY.

## **SOCIAL CONNECTIONS**

THIS GROUP FOSTERS SAFETY AND CONNECTION IN A SHARED SPACE, ALLOWING PARTICIPANTS TO GATHER REGULARLY IN A FAMILIAR AND WELCOMING ENVIRONMENT.

DESIGNED TO BRING PEOPLE TOGETHER IN A GENTLE, HOLISTIC, AND CREATIVE WAY, EACH WEEK INCLUDES WELLBEING ACTIVITIES THAT ENCOURAGE DISCUSSION, OPENNESS, AND FUN.

THESE SHARED EXPERIENCES HELP LAY STRONG FOUNDATIONS FOR MEANINGFUL CONNECTIONS, WITH BOTH OURSELVES AND OTHERS. THIS IS GREAT FOR INDIVIDUALS WHO ARE LOOKING TO BUILD ON THEIR SOCIAL CONNECTIONS.



# Happy Groups



**Ask About Our Holiday Programs!**

**This term, we're excited to offer three amazing groups during the school holidays:**



**Community Connections**



**Beyond Board**



**Mindfulness Group**

**These programs are designed to help participants stay engaged, connected, and relaxed over the break. Get in touch to learn more and find the perfect fit!**